

LITTLE BLESSINGS ROUTINE

Time	Activity	What happens
7.30 - 9.15	Welcoming children / Breakfast	The children arrive and will be greeted at the main door by a member of staff where their temperature will be taken. Children will remove their coats and bags, then wash their hands. Activities in small groups Breakfast is served.
9.15 – 9.25	Circle time	Children will sit in a group supported by the practitioners. They will learn simple nursery rhymes, action songs and listen to short stories.
9.25 – 9.35	Self-chosen activities	Wash hands Children can choose activities of their own choice from the self-selection resources.
9.35 – 9.55	Focused tasks	Focused sessions with key person.
9.55 – 10.00	Wash hands for snack	
10.00 – 10.30	Snack	Children sit together with the support of the practitioners eating healthy fruits and vegetables.
10.30 – 11.00	Self-chosen activities	Children can choose activities of their own choice from the self-selection resources.
11.00 – 11.05	Tidy up time	Children are encouraged to help the adults tidy up. Wash hands
11.05 – 11. 25	Garden time / outside focused tasks	Focused sessions with key person begin outside. Child initiated play.
11.25 – 11.30	Wash hands for lunch	
11.30 – 12.00	Lunch	Children will sit together to enjoy their lunch; practitioners will sit with the children discussing healthy eating.
12.00 – 2.00	Afternoon nap	Children can rest / nap time if required for each individual.

2.00 – 2.30	Snack	Wash hands Children sit together with the support of the practitioners eating healthy fruits and vegetables.
2.30 – 2.50	Messy play	Children experience sensory play enabling them to understand how things feel.
2.50 – 3.00	Circle time	Wash hands Children will sit in a group supported by the practitioners. They will learn simple nursery rhymes, action songs and listen to short stories.
3.00 – 3.25	Garden time	Child initiated play.
3.25 -3.55	Focused tasks	Focused sessions with key person.
3.55 – 4.00	Wash hands	
4.00 – 4.30	Teatime	Children will sit together to enjoy their tea; practitioners will sit with the children discussing healthy eating.
4.30 – 4.45	Story time	Children sit together in a group sharing short stories.
4.45 – 6.00	Self-chosen activities / home time	Wash hands Children can choose activities of their own choice from the self-selection resources. Parents arrive to collect their children. All daily experiences will be uploaded on Eylog.