

GROWING FEET ROUTINE

Time	Activity	What happens
7.30 – 8.45	Welcoming children / breakfast	The children arrive and will be greeted at the main door by a member of staff where their temperature will be taken. Children will remove their coats and bags, then wash their hands . Small activities in groups no bigger than 5 children at a time. Breakfast is served.
9.15 – 9.30	Self chosen activities	Children can choose activities of their own choice from the self-selection resources. An adult will always be present to ensure children are playing in small groups.
9.30 – 9.35	Tidy up	Children will be encouraged to help the adults tidy up the area they are in. ALL CHILDREN WASH THE 3 AT A TIME IN THE BATHROOM
9.35 – 9.50 9.50 – 10.05	Circle time This will take place twice, one group of 4 at a time	Wash hands Children will sit in a group of 4 supported by an adult. They will learn days of the week, counting the alphabet and discuss what they will be learning today.
10.05– 10.30	Focused Tasks	Focused sessions begin. Each member of staff will take their group of children inside or outside to complete planned activities.
10.30 – 10.45	Snack time	ALL CHILDREN WASH THEIR HANDS MAXIMUM 3 AT A TIME IN THE BATHROOM Snack will be prepared by a member of staff and shared to the children. Children will sit around a table in groups of 4.
10.45 -11.05	Story time / reflect on today	Story of the week will be read which will be chosen by the children, Children get to reflect and share what they have learnt and done today.
11.05 – 11.25	Yoga, exercise or dance	Children will learn about their bodies and how exercise helpsthem (healthy living) Childrenwill go outside in an open space and join in with physical activities.
11.25 – 12.00	Wash hands / lunch	Children will wash their hands and sit in small groups to enjoy their lunch; practitioners will sit with the children discussing healthy eating.

12.00 – 12.05	Wash hands and face	
12.05 – 2.00	Sleep / Home time	The younger children have a sleep, with social distance spaces between them. Morning session ends, parents arrive at the main door, Children will be brought outside to them. All daily information regarding the children will be available on the online learning journal
2.00 – 2.20	Snack time	ALL CHILDREN WASH THEIR HANDS MAXIMUM 3 AT A TIME IN THE BATHROOM Snack will be prepared by a member of staff and shared to the children. Children will sit around a table in groups of 4.
2.20 – 2.50	Focused tasks	Focused sessions begin. Each member of staff will take their group of children inside or outside to complete planned activities.
2.50 – 2.55	Tidy up time	Children will be encouraged to help the adults tidy up the area they are in.
2.55 – 3.00	Wash hands	ALL CHILDREN WASH THEIR HANDS MAXIMUM 3 AT A TIME IN THE BATHROOM
3.00 – 3.30	Tea	Children will wash their hands and sit together in groups of 4 to enjoy their tea; practitioners will sit with the children discussing healthy eating.
3.30 -3.35	Wash hands and face	MAXIMUM 3 AT A TIME IN THE BATHROOM
3.35 – 3.50 3.50 –4.05	Circle time Circle time will be done in separate groups	Children will sit in a group of 4 supported by the practitioners. They will learn days of the week, counting the alphabet using singing and action rhymes.
4.05 – 4.30	Self chosen activities	Children can choose activities of their own choice from the self-selection resources. An adult will always be present to ensure children are playing in small groups.
4.30 -4.35	Tidy up time	Children will be encouraged to help the adults tidy up the area they are in.

4.35 – 4.40	Wash hands	ALL CHILDREN WASH THEIR HANDS MAXIMUM 3 AT A TIME IN THE BATHROOM
4.40 –5.00	Storytime/singing	Story of the week will be read which will be chosen by the children, Children will answer questions about the story to encourage recall. Group singing time. This can be inside or outside in small groups.
5.00 – 6.00	Tidy up/quiet activities /home time	Quiet time and activities, puzzles,markmaking,flashcards.Children will be encouraged to tidy up.Parents arrive at the main door to collect the children. Children’s daily information will be provided on the online learning journal.